



Avenue
Tennis



PARA BADMINTON

Every Thursday from 6th September to 18th October,
10:00-11:30, free to members, £6.50 for non members.

The session will be run by Lesley Uphill a Badminton
England Licenced Level 3 coach with experience of
coaching Para-Badminton players

Para-Badminton is a rapidly growing sport and is suitable for a wide range of physical disabilities. Players can be standing or use wheelchairs. Typical disabilities for standing players would include: single limb amputees, cerebral palsy, any upper limb disability and short stature / dwarfism.

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